1. CRITICAL OBJECTS
(5-10 MIN.)

- Welcome to the Post Growth Toolkit game, an invitation to defy the economic growth orthodoxy.
- Create a group of 1 to 4 people and together select one of the “Critical Objects” listed below.
- Then fill in the “Questionnaire” (on the back) describing your relationship with this object.

2. TOOLS TO THINK WITH
(5-10 MIN.)

- Take the 3 “Notion Cards” associated with your object.
- What thoughts emerge from the connection of each Notion Card with your Object?
- What new perspectives do the “Notion Cards” bring to mind about your initial object, its network of material links, and your relationship to it?

CRITICAL OBJECTS (1.)
CONCRETE:
- Geodiversity
- Global Artificality
- Zombie Energy
WOOD/FOREST:
- Global Artificality
- Ecosystem Services
- Interspecies Commons
COAL:
- Global Artificality
- Ancient Sunlight
- Collapse Informatics
GLOBAL INTERNET:
- Global Artificality
- Collapse Informatics
- Jevons Paradox
SMARTPHONE:
- Planetary Boundaries
- Low Tech
- Broken World Thinking
WHEAT:
- Plantation
- Ecosystem Services
- 7th Generation Principle
STEEL/Screw:
- Low Tech
- Negatechnology
- Global Artificiality
SHIPPING CONTAINER:
- Global Artificiality
- Jevons Paradox
- There Has Never Been...
MRI SCANNER:
- Low Tech
- Negatechnology
- Planetary Boundaries
NPK FERTILIZER:
- Zombie Energy
- Plantation
- Planetary Boundaries

3. PILLARS OF CAPITALISM
(5-10 MIN.)

- Now look carefully at the game board: it presents “The 10 Pillars of Capitalism”, and each pillar is defined by a set of hashtags. In the center of the board, a “Virtuous Circle” offers counterpoints to each pillar.
- Place each Notion Card on the game board, one card per pillar.
- Discuss with the other players:
  — What thoughts emerge from the connection of your Object with “The Pillars of Capitalism” to which it is now connected?
  — To what extent does the Virtuous Circle in the center help you project your object into a desirable future?

4. SPECULATIVE FUTURES
(5-10 MIN.)

- Now together with your group of players (or alone) imagine your object in a society without fossil fuel.
  — What would become of it?
  — What functions could it still fulfill?
  — What could replace it, if it were no longer useful?
- Let your imagination run wild and invent the new habits, relationships, experiences, and interests that this absence, or radical transformation, would allow.
- Write a short paragraph that describes this future. You are invited to draw inspiration from the “Notion Cards” and the terms in the central Virtuous Circle on the game board.
- If you play with multiple teams, narrate these short stories out loud to the other teams.
# QUESTIONNAIRE

THE OBJECT WE SELECTED IS:  

PLACE, DATE:  

What feeling does this object provoke in me?  

What functions does it fulfill in my life?  
☐ nutritious  ☐ communicational  ☐ cultural  ☐ other  

Is this object a protagonist in a horror film?  
☐ yes  ☐ no  ☐ will be soon  ☐ I don’t know  

What is my level of attachment to this object?  
☐ none  ☐ low  ☐ high  

How frequently do I use this object?  
☐ daily  ☐ occasionally  ☐ rarely  ☐ non stop  

Does it help to optimize my life?  
☐ no  ☐ a little  ☐ a lot  

Does it increase my happiness?  
☐ yes  ☐ no  ☐ I don’t know  

How long could I go without this object?  
☐ less than a year  ☐ a few years  ☐ a few decades  

Do I associate this object with a fad?  
☐ yes  ☐ no  ☐ I don’t know  

Since when have I or fellow human beings been around this object?  
☐ multiple generations  ☐ 1 generation  ☐ a few years  

Can I imagine lending or sharing this object? With whom?  
☐ no  ☐ my relatives  ☐ a large group  ☐ everyone  

How much of my social circle has the ability to use it?  
☐ 30-100 %  ☐ 5-30 %  ☐ 0-5 %  

How much of my social circle has the ability to reproduce such an object?  
☐ 30-100 %  ☐ 5-30 %  ☐ 0-5 %  

Will this type of object be available for next generations?  
☐ yes  ☐ no  ☐ I don’t know  

Will this object soon be placed in a museum?  
☐ yes  ☐ no  ☐ I don’t know  

Where does this object come from? (specify a region of the world)  
☐ my region  ☐ my country  ☐ world  

How far did the object travel to come to me?  
☐ <100 km  ☐ >100 km  ☐ multiple times around the world  

At first glance, how much energy is needed to make this object?  
☐ one hour of human labor  ☐ one day of human labor  
☐ a lot more  ☐ unquantifiable  

Does the use of this object benefit the Jeff Bezos’ fortune?  
☐ yes  ☐ no  ☐ I don’t know  ☐ who is it?  

What is the lifespan of this object?  
☐ consumable  ☐ a few months  ☐ a few years  ☐ long time  

How long before the remains of my object are fully digested by the biosphere?  
☐ less than a year  ☐ a few years  ☐ a few decades  
☐ long time  

How many different raw materials does it take to produce this item?  
☐ 1-5  ☐ 5+  ☐ immeasurable  ☐ I don’t know  

Did this object become more or less important during the COVID-19 epidemic?  
☐ more  ☐ less  ☐ I don’t know