

# POST GROWTH TOOLKIT

At the intersection of science and speculative fiction, Post Growth Toolkit [The Game] is an invitation to reprogram ourselves out of the economic growth orthodoxy. It proposes to literally reshuffle our world-views through a compilation of stories, concepts and tactics in order to stimulate new modes of understanding in the context of current environmental crises. It takes the form of a tactical card game inviting players to explore a number of key notions to facilitate collective debate.

## 1. RELATION DESCRIPTION

Select an object according to your affinities between the 5 proposed:

Avocado  Internet  Cow's Milk  Fossil Fuel  USB Charger

Then fill in the form (on next page) describing your relationship with this object.

## 2. PRESENT TENSIONS

Take the 3 Notion Cards associated with your object:

**Avocado:**  True Cost Market  Plantation  Energy Slave

**Internet:**  Global Artificiality  Collapse Informatics  Jevons Paradox

**Cow's Milk:**  Interspecies Wealth Transfer  Ecosystem Services  Interspecies Commons

**Fossil Fuel:**  Zombie Energy  Ancient Sunlight  There Has Never Been An Energy Transition

**USB Charger:**  Negative Commons  Negatechnology  Low Tech

Now look carefully at the game board: it presents 10 Pillars of Capitalism.

Each pillar has a set of hashtags that define it.

In the center of the board, a Virtuous Circle offers counterpoints to each pillar.

Place each Notion Card on the game board, one card on one pillar.

Then debate with the other players:

What thoughts emerge from the connection of each Notion Card with the Pillar of Capitalism on which it is located?

What new perspective does these concepts highlights about your initial object, its network of material links, and your relationship to it?

To what extent does the Virtuous Circle in the center, help you project your object into a desirable future?

## 3. FUTURE PATHS

Now together with your group of players (or alone):

Imagine your object in a society without fossil fuel: what would become of it?

What functions could it still fulfil? What would it leave room for?

Let your imagination run wild and invent the new habits, relationships, experiences and interests that this absence, or radical transformation, would provoke.

Write a short paragraph that describes this future, drawing inspiration from the Notion Cards and the terms in the central Virtuous Circle on the game board. Then, narrate these short stories out loud to the other players.

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# PART 1 DESCRIPTION

OBJECT NAME:	.....
PLACE, DATE:	.....
What feeling does this object provoke in me?	.....
What functions does it fulfill in my life?	<input type="checkbox"/> nutritious <input type="checkbox"/> communicational <input type="checkbox"/> cultural <input type="checkbox"/> other
Is this object a protagonist in a horror film?	<input type="checkbox"/> yes <input type="checkbox"/> no <input type="checkbox"/> will be soon <input type="checkbox"/> I don't know
What is my level of attachment to this object?	<input type="checkbox"/> none <input type="checkbox"/> low <input type="checkbox"/> high
How frequently do I use this object?	<input type="checkbox"/> daily <input type="checkbox"/> occasionally <input type="checkbox"/> rarely <input type="checkbox"/> non stop
Does it help to optimize my life?	<input type="checkbox"/> no <input type="checkbox"/> a little <input type="checkbox"/> a lot
Does it increase my perceived happiness?	<input type="checkbox"/> yes <input type="checkbox"/> no <input type="checkbox"/> I don't know
How many years could I go without this object?	.....
Do I associate this object with a fad?	<input type="checkbox"/> yes <input type="checkbox"/> no <input type="checkbox"/> I don't know
Since when have I or fellow human beings been around this object?	<input type="checkbox"/> multiple generations <input type="checkbox"/> 1 generation <input type="checkbox"/> a few years
Can I imagine lending or sharing this object? With whom?	<input type="checkbox"/> no <input type="checkbox"/> my relatives <input type="checkbox"/> a large group <input type="checkbox"/> everyone
How much of my surroundings has the ability to use it?	<input type="checkbox"/> 30-100 % <input type="checkbox"/> 5-30 % <input type="checkbox"/> 0-5 %
How much of my surroundings has the ability to reproduce such an object?	<input type="checkbox"/> 30-100 % <input type="checkbox"/> 5-30 % <input type="checkbox"/> 0-5 %
Will this type of object be available for next generations?	<input type="checkbox"/> yes <input type="checkbox"/> no <input type="checkbox"/> I don't know
Will this object soon be placed in a museum?	<input type="checkbox"/> yes <input type="checkbox"/> no <input type="checkbox"/> I don't know
Where does this object come from? (specify a region of the world)	<input type="checkbox"/> my region <input type="checkbox"/> my country <input type="checkbox"/> world .....
How far did the object travel to come to me?	<input type="checkbox"/> <100 km <input type="checkbox"/> >100 km <input type="checkbox"/> multiple times around the world
At first glance, how much energy is needed to make this object?	<input type="checkbox"/> one hour of human labor <input type="checkbox"/> one day of human labor <input type="checkbox"/> a lot more <input type="checkbox"/> unquantifiable
Does the use of this object benefit the Jeff Bezos' fortune?	<input type="checkbox"/> yes <input type="checkbox"/> no <input type="checkbox"/> I don't know <input type="checkbox"/> who is it?
What is the lifespan of this object?	<input type="checkbox"/> consumable <input type="checkbox"/> a few months <input type="checkbox"/> a few years <input type="checkbox"/> long time
How long before the remains of my object are fully digested by the biosphere?	<input type="checkbox"/> less than a year <input type="checkbox"/> a few years <input type="checkbox"/> a few decades <input type="checkbox"/> long time
How many different raw materials does it take to produce this item?	<input type="checkbox"/> 1-5 <input type="checkbox"/> 5+ <input type="checkbox"/> immeasurable <input type="checkbox"/> I don't know
Did this object become more or less important during the COVID-19 epidemic?	<input type="checkbox"/> more <input type="checkbox"/> less <input type="checkbox"/> I don't know